

CHO1 Caru Regional Network

Venue: Cavan Crystal Hotel, Dublin Rd. Co. Cavan. H12 P6E5

Date: 21st November 2023

| Time | Topic/ Presentations | Facilitator |
|---------------|--|---|
| 9.30 – 10.00 | Registration, Networking, Tea & Coffee | |
| 10.00 – 10.30 | Caru Programme Update | Clodagh McGuinness , CHO1 Regional Lead, Caru Programme |
| 10.30 – 11.00 | Palliative care and your role in it: Level 1 to 2 Palliative Care approach in Nursing Homes | Jennifer Richardson , Clinical Nurse Specialist Meitheal Programme, Specialist Palliative Care Cavan Monaghan |
| 11.00 – 11.40 | Advance Care Planning, The Importance for Residents | Clodagh McGuinness , CHO 1 Regional Lead, Caru Programme |
| 11.40 – 12.20 | Communication challenges in EOLC, Palliative Care and bereavement | Amanda Ringrose , Family Mediator, Independent Social Work Consultant, Dublin |
| 12.20 – 13.00 | Q&A Discussion for above topics | Sharon O'Brien , CHO8 Regional Lead, Caru Programme and panel discussion with above speakers |
| 13.00 – 13.45 | Lunch & Networking | |
| 13.45 – 14.45 | LGBT Issues for Nursing Home Residents | Pam Buchanan , LGBT Ireland |
| 14.45 – 15.45 | Self-care strategies "5 ways to self-caring" | Kim Doherty , Development Officer, Cavan Monahan, Mental Health Ireland |
| 15.45 – 16.00 | Closing & Evaluation | Clodagh McGuinness , CHO1 Regional Lead, Caru Programme |