



**Supporting Care & Compassion  
at End of Life in Nursing Homes**  
A continuous learning programme

Caru – Supporting Care & Compassion at End of Life in Nursing Homes is an initiative of Irish Hospice Foundation (IHF) in partnership with All Ireland Institute of Hospice & Palliative Care (AIHPC) and the Health Services Executive (HSE).

Caru is a continuous learning programme that will support and empower nursing homes and their staff in the delivery of palliative, end-of-life, and bereavement care to residents, leading in turn to enhanced quality of life for residents, a good death, while easing the bereavement process for families and staff.

Caru focuses on enabling cultural change within nursing homes, encouraging openness to talk about and plan for end-of-life care with residents, families and staff.

It is free, evidence-based, expert, and will build on the Nursing Homes' existing capability to enhance staff confidence with planning for and reviewing care given at end-of-life.

Caru will bring together AIHPC Project ECHO for nursing homes with IHF's quality improvement training for nursing homes.

#### **Regional Leads for Nursing Homes**

- Deliver Quality Improvement Workshops
- Co-ordinate Caru Regional Networks
- Support networking & liaison

#### **CHO 7 Regional Lead for Nursing Homes**

**Ann Marie Murphy**

*annmarie.murphy@hospicefoundation.ie*  
087 838 0103

#### **Caru Quality Improvement Workshops**

- Supporting Staff Health & Wellbeing
- Culture & Communication on End of Life
- Caru Review Process
- Caru Action Meeting
- \* NMBI accredited workshops

#### **Caru AIHPC Project ECHO's**

Project ECHO Nursing Home Knowledge  
**Network** in each Community Healthcare  
Organisation Area

#### **Caru AIHPC Webinars**

- 6 webinars per year

**Irish Hospice Foundation**  
**Morrison Chambers (Floor 4)**  
**32 Nassau Street**  
**Dublin 2**  
**D02 X627 Ireland**



**T: (01) 679 3188**  
**E: [caru@hospicefoundation.ie](mailto:caru@hospicefoundation.ie)**  
**[www.caru.ie](http://www.caru.ie)**

Registered Charity 20013554