

Caru is an initiative of Irish Hospice Foundation (IHF) in partnership with All Ireland Institute of Hospice & Palliative Care (AIHPC) and the Health Services Executive (HSE).

Caru is a continuous learning programme that will support and empower nursing homes and their staff in the delivery of palliative, end-of-life, and bereavement care to residents. This in turn will support enhanced quality of life and a good death, while easing the bereavement process for families and staff.

Caru focuses on enabling cultural change within nursing homes, encouraging openness to talk about and plan for end-of-life care with residents, families and staff. It is an evidence-based programme that will build on the nursing homes' existing capability to enhance staff confidence with planning for and reviewing care given at end-of-life.

This is a **free** programme available to all public, private and voluntary nursing homes.

Quality improvement workshops, networking events, webinars, and Project ECHO will be available to staff.

Caru quality improvement workshops

Caru Regional Leads for nursing homes will deliver the following quality improvement workshops while also providing ongoing support and liaison with local services.

- Supporting Staff Health and Wellbeing workshop
- Culture and Communication workshop
- Caru Review Process workshop
- The Caru Review and Its Role in Change workshop

* Nursing & Midwifery Board of Ireland accredited.

Caru National and Regional Networks will provide

- Ongoing professional & personal training & development
- Share learning and peer support opportunities
- Networking and liaising with national and local services

Who can attend?

All staff: nurses, household, catering, administration, healthcare assistants, management, allied health professionals, chaplaincy etc.

Sheena Murphy

Caru National Programme Manager
Irish Hospice Foundation

e: caru@hospicefoundation.ie t: 087 691 7275



Caru AllHPC Webinars

As a Caru partner, AllHPC will facilitate 6 webinars annually, on a wide range of topics which reflect the complexity of both palliative care and the care of older people. These will include areas such as clinical knowledge, symptom recognition, patient management and awareness of current best practices.

Caru AllHPC Project ECHO Nursing Home Knowledge Networks

The establishment of a new Project ECHO Nursing Home Knowledge Network in each Community Healthcare Organisation Area is a key component of Caru. The aim of these networks is to develop the knowledge, skills, and confidence of nursing home staff in caring for residents with life-limiting conditions. Participation is open to all nursing homes and it will provide a valuable opportunity to network and share practice with a wide range of your peers.

Project ECHO uses a 'hub and spokes' model. Our AllHPC Project ECHO Nursing Home Knowledge Networks will connect groups of learners from local nursing home settings (the spokes) with experts in the areas of palliative and older persons care (the hub), through Zoom technology.

For further information on Caru Webinars or Project ECHO Nursing Home Knowledge Networks please contact:

Miriam Ahern

Project Manager for Nursing Home Education
All Ireland Institute of Hospice and Palliative Care
e: mahern@aaihpc.org t: 087 096 4468