

Caru Regional Network

Venue: Gaultier Room, Woodlands Hotel, Waterford, X91 VC2R

Date: 15th May 2024

Time	Topic/ Presentations	Facilitator
9.00. – 9.30	Registration	
9.30 – 9.45	Caru Programme Update	Mary Fahy , CHO 3 Regional Lead, Caru Programme
9.45 – 10.45	Crafting Meaningful Conversation – Effective Communication in Grief	Brid Carroll , Psychotherapist/Bereavement Counsellor
10.45 – 11.15	Tea / Coffee & Scones / Review the stands	<ul style="list-style-type: none"> • Healing Hands Waterford • SEPCC/CSPCT • Engaging Dementia • Deise Memory Café – Waterford • Dementia Café – Laura Rowe • Death Café – Rosie Saunders, Mental Health Occupational Therapist, Aromatherapist Death Doula • Alzheimer’s Association, Waterford • End-Of-Life Coordinators – Kilkenny/ Waterford • NH Outreach CNS • Health & Wellbeing/Health Promotion/Older Persons/Primary Care HSE • Mobile MED • Waterford New Communities Network (WNCN) • Participating NH Caru Groups • Age Friendly Waterford • Social Worker/Safeguarding Ireland
11.20 – 12.50	Information Snacks (15 mins each)	<ul style="list-style-type: none"> • Ellis Geraghty, Director, Community Support Team (CST) • Touch Therapy, Restoring Rhythm, Rosie Saunders • Leslee Power, cANP, Nursing Home Liaison Team • Mobile Med, Mairead Fagan • Edel Foley, Social Work Team Leader, Nursing Home Support • Margaret Ryan, EOL Coordinator Kilkenny –Project Art by their side
12.55 -13.25	Health Horizons: Charting Your Path to Wellbeing	Waterford Healing Arts
13.25 - 13:30	Q&A / Closing	Janet Tobin-Martin , CHO 5 Regional Lead, Caru Programme